



Third Quarterly News Letter-2018

Hurry Up!

Book your food on-----!

Freedom sale!

Book your clothes on-----!

Up to 100% cash back!

These all are becoming part of our Internet of life and making us to believe that food is no more big deal to get into our plate. But, the situation outside of the internet is telling us is quite opposite story to what we really believe. The official sources of the government are also confirming that food production of the country is continuously declining because of the climate change and unpredictable weather conditions. Other side food demand is rapidly increasing because of the growing population and improper food handling like wastage of food.

The increasing food demand became opportunity for few agri business companies to control over seeds and food and influencing our food choices with their decisions. This is how mono crop culture is taking place and causing more pesticide usage. More pesticide usage can harm both farmers and food consumers in terms of health and economy. Indiscriminate pesticide usage and mono crop culture are the biggest threats for bio diversity and indirectly ruining out our natural resources like water and soil nutrients. Either knowingly or unknowingly the food choices of every individual can make some difference on ecology, economy and overall health status of the planet. This is where our core idea of 'National Food Literacy Mission' began to empower individuals to understand the impacts of their food choices and food production cycle on health, environment and sustainable economy.

Food literacy has its own way to address agrarian crisis as well from consumer side intervention. Imagine a scenario, where consumers started demanding healthy food without any synthetic chemicals. Healthy food demand can create healthy pressure on farmers to adopt natural farming methods and these methods are cost effective and beneficial to both consumer and farmers health as well. The demand for various foods in the market can help farmers to adopt crop diversification. Crop diversification is the key for reducing pest attacks and to improve bio diversity. Other hand, if we start understanding the role of farmers in food security and environmental conservation, we can reduce societal pressure on farmer profession.

There are different strategies to achieve food literacy in India but our journey started by working with school kids and farmers. It has been two months since we started working on food literacy training programs in the schools.

About tharunam:

'tharunam' is a not for profit initiative working to address agricultural crisis and climate change which are leading to farmers' suicide in India. Our mission is help people to understand the impacts of their food choices on environment, health and sustainable economy. People use food literacy as a tool to question climate change, to adopt eco-friendly farming methods and preserve indigenous farming knowledge and methods.

Dear friends, well wishers and kind supporters, it is time for third quarterly news letter of 2018.

Happy to be part of Agro forestry training programs at sristi village in Pondicherry

Our founder, Lingala Naresh was become part of the 15 days of agro forestry training program at sristi foundation in Pondicherry, India. It was very resourceful training program to understand the importance of eco friendly high density farming for contemporary world. The population of the world is growing rapidly but we are helpless with land availability in terms of growing. In fact, the human activities are causing more problems to the soil in terms soil erosion and degradation. These are the signs of the worst food security issue ever in the next 50 years. So, we need alternative farming methods where we can utilize maximum land, sunlight and water vapor.



Agro forestry is one of such methods where we can grow different types of the crops in high density model. This is looks like a forest where different crops have an equal opportunity to grow. Agro forestry can absorb tones of carbon from the air and converts it into vegetation. It can help to create micro climate in surroundings and also to activate earth warms. Activated earth warms can make soil loose and absorb more rain water to improve underground water.

We are very thankful to 'kanthari' and 'sristi foundation' to be part of such a wonderful training program under farm trainer 'Vetri selvalan'.

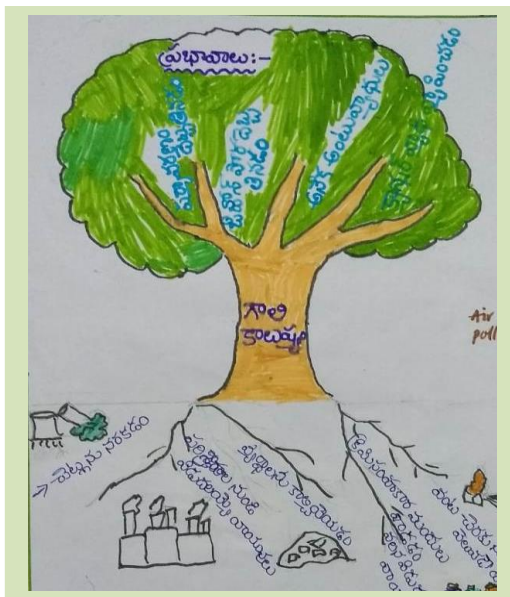
National Food Literacy Mission: Food for social change

We started piloting a project called 'food literacy' where we intend to use food as a tool to address agricultural crisis and climate change which are leading to farmers' suicide in India. The name of the project is 'National Food Literacy Mission' and we started it in 'Margadarshini High school' in Bhadrachalam district, Telangana. It is a weekly program and lasts for 24 weeks into six parts. We are calling our curriculum as journey in six acts.

It has been one month since we started project and successfully completed Act1. Act 1 is all about understanding food and its sources. We are advocating to include food literacy as a part of school curriculum where everyone can connect with environmental education and food production techniques which are some of the important skills to have in 21st century.



Human forestry development training program in school



The six days of Human forestry development training program (Part of our [#Nationalfoodliteracymission](#)) is completed successfully by today at Girls ashram school in [#komarambheem](#) district, Telangana. Special thanks to the school principal Srinivas sir for believing on my idea and giving me an opportunity to work in the school.

Human forestry is none other than creating our own forestry by taking advantage of nature's principles. Forest is such a beautiful place where diversity blossoms with equal opportunities to grow. We can't imagine a forest with single type of crop or trees. This is the key inspiration for human forest model which developed by Subash Palekar ji in Amravati.

Forest is five layer green plots where we can identify big trees as a first layer which needs more sunlight.

In the Second layer we can identify medium sized trees and third layer occupied by bushes. But still there are some food crops which can grow inside the soil along with other trees like yam. That is the fourth layer of the forest. Creepers are the fifth layer in the forest which enjoys climbing other trees/bushes.

Based on these principles, we conducted a six days training program for school students where they equipped with natural farming techniques and human forestry models.



Dear Friends, well wishers and Supporters

The tharunam activities would not be possible without your support and contributions. Therefore on behalf of all, we say thank you very much for your ongoing support.

Thank you also by sharing this News Letter in your circle.

With Green Regards,

'tharunam' team

If you wish reach/support tharunam activities

You can help from here-Thank You Very Much!

<http://www.tharunam.org/>

Email- founder@tharunam.org